



**Texas Drug Offender Education
Program**

***PARTICIPANT
WORKBOOK***

NAME

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COURSE PURPOSE



To educate participants on the dangers of drug use, abuse and the process of behavior changes.

COURSE OBJECTIVES



To gain information on the effects of use, abuse and on personal, family, social, economic, and community life.



To identify patterns of drug use/abuse.



To develop a plan for positive lifestyle changes.

COURSE TOPICS

- A. Overview and Introduction
- B. Drugs and the Body
- C. Abuse and Addiction
- D. Society and Drugs
- E. Change

CONTROLLED SUBSTANCES ACT SUMMARIES

SCHEDULE	DRUG NAME	PENALTY GROUP	STREET NAME
II	Amphetamine	2	Bennies, uppers
I	3,4-methylenedioxy amphetamine	2	MDA
I	5-methoxy-3,4-methylenedioxy amphetamine	2	MMDA
I	3,4,5-Trimethoxy amphetamine	2	TMA
III	Barbituric Acid Derivative	3	Barbs, yellowjackets,
IV	Chloral hydrate	3	Mickey Finn, Knockout drops
IV	Clotestbol	3	Steroid
II	Cocaine	1	Crack, snow, coke
II	Codeine	1	Schoolboy
I	Delta-1 cis or trans tetrahydrocannabinol	2	THC
I	Delta-6 cis or trans tetrahydrocannabinol	2	THC
I	Delta-3,4 cis or trans tetrahydrocannabinol	2	THC
I	Diethyltryptamine	2	DET
IV	Dihydrochlormethytestosterone	3	Steroid
I	4-methyl-2,5-dimethoxyamphetamine	2	STP, DOM
I	Dimethyltryptamine	2	DMT
I	Ethylamine Analog of Phencyclidine	2	PCE
IV	Ethylestrenol	3	Steroid
IV	Fencamfamin	3	Euvitol
II	Fentanyl	1	China White
IV	Fluoxymesterone	3	Steroid
I	Gamma-hydroxybutyric acid	1	GHB
I	Heroin	1	Horse, stuff, H, smack
III	Ketamine	1	Cat tranquilizer
III	Lysergic acid amide	3	Lysergide
I	Lysergic acid diethylamide	1	LSD, acid,
I	Marijuana	2	Grass, weed, pot
IV	Mesterolone	3	Steroid
II	Methadone	1	Dollies, dolls
II	Methamphetamine	1	Speed, ice, crystal
IV	Methandienone	3	Steroid
I	Methaqualone	2	Ludes
IV	Methenolone	3	Steroid
I	4-Methoxyamphetamine	2	PMA
I	5-methoxy-3,4-methylenedioxy amphetamine	2	MMDA
I	4-methyl-2,5-dimethoxy amphetamine	2	STP, DDM
I	3,4-methylenedioxy amphetamine	2	MDA
I	3,4-methylenedioxy methamphetamine	2	MDMA, MDM, ecstasy
I	3,4-methylenedioxy N-ethylamphetamine	2	N-ethyl MDA
I	1-methyl-4-phenyl-1,2,5,6-tetrahydropyridine	2	MPTP
I	1-methyl-4-phenyl-4-propionoxy-piperidine	2	MPPP, PPMP
IV	Methyltestosterone	3	Steroid
II	Morphine	1	Hard stuff, monkey
I	N-ethyl-3-piperidyl benzilate	2	JB-318
I	N-hydroxy-3,4-methylenedioxy-amphetamine	2	N-hydroxy, MDA
I	N-methyl-3-piperidyl benilate	2	JB-3366, LBJ, DMZ
IV	Nandrolone	3	Steroid

SCHEDULE	DRUG NAME	PENALTY GROUP	STREET NAME
IV	Norethandrolone	3	Steroid
IV	Oxandrolone	3	Steroid
IV	Oxymesterone	3	Steroid
IV	Oxymetholone	3	Steroid
I	Peyote	3	Mescal button
I	Phencyclidine	1	PCP, Peace pill
II	Phenylacetone	2	P-2-P
II	1-piperidinocyclohexanecarbonitrile	2	PCC
I	Psilocybin	2	Mushrooms
I	Pyrrolidine Analog of Phencyclidine	2	PCPy, PHP
IV	Stanozolol	3	Steroid
I	Synthetic Cannabinoids	2-A	Spice, K-2
IV	Testosterone	3	Steroid
I	Thiophene Analog of Phencyclidine	2	TPCP, TCP
I	3,4,5-trimethoxy amphetamine	2	TMA

**TEXAS SCHEDULE OF PENALTIES
APPLICABLE TO CONTROLLED SUBSTANCES VIOLATIONS**

PENALTY AND PUNISHMENT RANGES	
FELONY 1	5-99 yrs. or life in TDCJ & \$10,000 max.
FELONY 2	2-20 yrs. in TDCJ & \$10,000 max.
FELONY 3	2-10 yrs. in TDCJ & \$10,000 max.
STATE JAIL FELONY	180 days-2 yrs. in State Jail & \$10,000 max.
CLASS A MISDEMEANOR	up to one year in County Jail; up to \$4,000 or both
CLASS B MISDEMEANOR	up to 180 days in County Jail; up to \$2,000 or both
CLASS C MISDEMEANOR	fine up to \$500

PENALTY GROUPS FOR PARTICULAR OFFENSES

PENALTY GROUP	DELIVERY OR MANUFACTURE	POSSESSION
PENALTY GROUP 1 <i>(Cocaine, Methamphetamine)</i>		
Less than 1 g.	State Jail Felony	State Jail Felony
1 g. but less than 4 g.	Felony 2	Felony 3
4 g. but less than 200 g.	Felony 1	Felony 2
200 g. but less than 400 g.	10-99 yrs. or life & \$100,000 max	Felony 1
400 g. or more.	15-99 yrs. or life & \$250,000 max.	10-99 yrs. or life & \$100,000 max.
PENALTY GROUP 1-A <i>(LSD)</i>		
Less than 20 "abuse units"	State Jail Felony	State Jail Felony
At least 20 but less than 80 units	Felony 2	Felony 3
At least 80 but less than 4,000 units	Felony 1	Felony 2
More than 4,000 units but less than 8,000 units	15-99 yrs. Or life & \$250,000 max	Felony 1
More than 8,000 units	15-99 yrs. Or life & \$250,000 max.	Felony 1

<i>PENALTY GROUP</i>	<i>DELIVERY OR MANUFACTURE</i>	<i>POSSESSION</i>
<i>PENALTY GROUP 2 (Amphetamine)</i>		
Less than 1 g.	State Jail Felony	State Jail Felony
1 g. but less than 4 g.	Felony 2	Felony 3
4 g. but less than 400 g.	Felony 1	Felony 2
400 g. or more	10-99 yrs. or life & \$100,000 max.	5-99 years or life & \$50,000 max.
<i>PENALTY GROUP 3 (Diazepam)</i>		
Less than 28 g.	State Jail Felony	Class A Misdemeanor
28 g. but less than 200 g.	Felony 2	Felony 3
200 g. but less than 400 g.	Felony 1	Felony 2
400 g. or more	10-99 yrs. or life & \$100,000 max.	5-99 yrs. or life & \$50,000 max.
<i>PENALTY GROUP 4 (Codeine)</i>		
Less than 28 g.	State Jail Felony	Class B Misdemeanor
28 g. but less than 200 g.	Felony 2	Felony 3
200 g. but less than 400 g.	Felony 1	Felony 2
400 g. or more	10-99 yrs. or life & \$100,000 max.	5-99 yrs. or life & \$50,000 max.
<i>MARIJUANA or SYNTHETIC CANNABINOIDS as of 9/2011</i>		
1/4 oz. or less (no remuneration)	Class B Misdemeanor	
1/4 oz. or less (with remuneration)	Class A Misdemeanor	
5 lbs. or less but more than 1/4 oz.	State Jail Felony	
50 lbs. or less but more than 5 lbs.	Felony 2	
2,000 lbs. or less but more than 50 lbs.	Felony 1	
More than 2,000 lbs.	10-99 yrs. or life & \$100,000 max.	
2 oz. or less		Class B Misdemeanor
4 oz. or less but more than 2 oz.		Class A Misdemeanor
5 lbs. or less but more than 4 oz.		State Jail Felony
50 lbs. or less but more than 5		Felony 3

<i>PENALTY GROUP</i>	DELIVERY OR MANUFACTURE	POSSESSION
lbs		
2,000 lbs. Or less but more than 50 lbs.		Felony 2
More than 2,000 lbs.		5-99 yrs. or life & \$50,000 max.
<i>MARIJUANA</i> or <i>CONTROLLED SUBSTANCE</i>		
Any amount delivered to a minor (17 years or under)	Felony 2	

BRIEF HISTORY OF DRUG USE/ABUSE

Instructions: Place the correct word from the list below in the blank beside each question. Some words may be used more than once.

ANCIENT TIMES
COCAINE
LSD
DESIGNER DRUGS
AMPHETAMINES
METHAMPHETAMINE

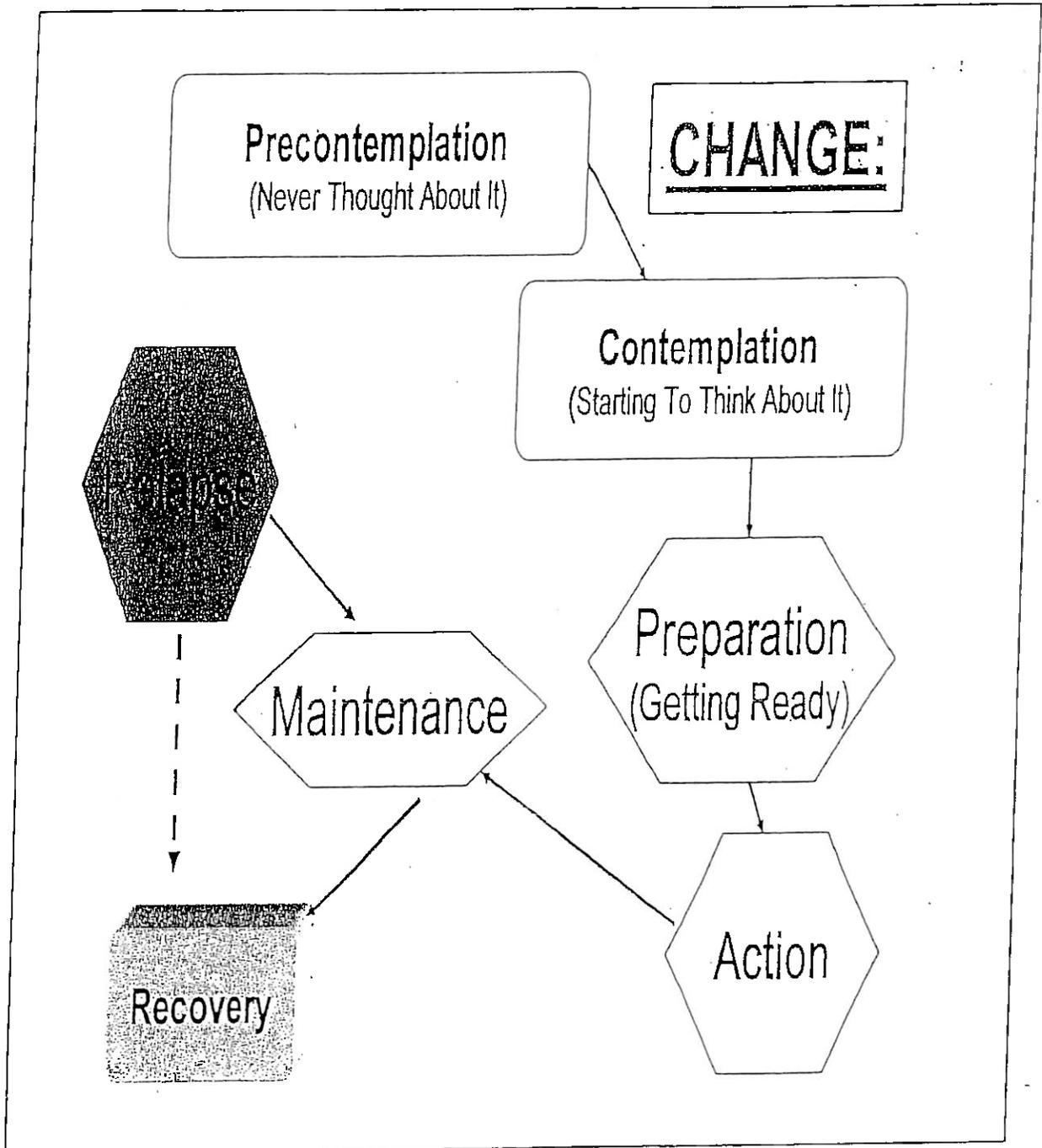
MARIJUANA
CRANK
VALIUM
MORPHINE
NARCOTICS
OXYCONTIN

ALCOHOL
CRACK
ICE
OPIUM
HEROIN

1. Drug use has been around since _____.
2. In 1750, King George of England encouraged the planting of hemp, used to make rope, in America. Hemp was grown by George Washington. Our forefathers knew that hemp, which is _____, could also be smoked.
3. _____ could be ordered from mail order catalogs and was thought to be non-addicting. It was marketed by Bayer and Company as a sedative for coughs and as a chest and lung medicine.
4. _____ was used as a medicine and prescribed by doctors for nearly everything, including colds, arthritis, headaches and sinus problems. It was thought to increase intelligence and imagination. It was sold in pharmacies, grocery and general stores, and at traveling medicine shows.
5. _____ addiction was called the "soldier's disease" during the Civil War.
6. _____ were used by women to soothe their babies and to treat illnesses and diseases for which there were no known cures.
7. _____ was used in many products, including Coca-Cola.
8. _____ became popular with musicians, artists and actors in the 1920s and 30s.

9. _____ were used in World War II to keep pilots alert on long flights.
10. _____ and _____ became popular with young people in the 1960s.
11. _____ again gained popularity during the mid-1970s. Because of its high cost, it became a status symbol.
12. There was a rise in use of tranquilizers during the 1970s, with _____ becoming the most often prescribed of all prescription drugs.
13. _____ became popular in the mid-1980s. This form of cocaine meant that the popular drug of the moment was available regardless of one's financial status.
14. _____ like Ecstasy (MDMA, MDA) began to appear in the 1980s. They were more powerful than natural drugs and could be produced in high volume at a relatively low cost.
15. _____ remains the number one choice of drug.
16. _____ labs pose environmental and health risks.
17. _____ is also known as "Hillbilly Heroin."

STAGES OF CHANGE



HOMWORK ASSIGNMENT

Try Something Different!

During this class we will be focusing on the process of change. Sometimes Change can be difficult. Sometimes it may be easy or perhaps it might be fun. Even small changes can be a challenge. To get an idea of the experience of change please try the following experiment before the next class.

Try to do something differently than the way you usually do it before the next class session. We will discuss our experiment with change at the beginning of the next class. Take a simple, everyday behavior and simply try to do it in a different way. For example, if you always put your shoes on right shoe first and left shoe second, try reversing the process until the next day. Try putting on your left shoe first, right shoe second. Try putting your make-up on differently, or buttoning your shirt from the top down instead of bottom button up, or however you usually do it. Or if you always take the same route to work, try taking a different route. Choose any simple task you perform on a regular basis and just try doing it differently. We will discuss this at the next class.

Here are some questions to help you reflect on this experiment.

How did it feel to do something familiar in a different way?

Was it fun? Was it uncomfortable?

Did you feel silly?

Was it hard to do? Was it easy?

Did you forget and do it the old way even though you wanted to try a new way?

BEHAVIOR INVENTORY

Place a check in the space by behaviors that you have done in the past:

MY BEHAVIORS

- Using drugs
- Selling drugs
- Being arrested
- Being verbally abusive
- Being physically abusive
- Not looking for a job
- Losing a job
- Not spending time with family

list any others:

- _____
- _____
- _____

Place a check in the space by the names of persons who may have been affected due to your past drug-related behaviors:

PEOPLE AFFECTED

- Self
- Parent(s)
- Friends
- Brother(s)/Sister(s)
- Spouse/Significant Other
- Child/Children
- Employer(s)
- Co-worker(s)